

# WEEK 2

## PLANTING TERMINOLOGY



### LESSON PLAN INFORMATION

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#### Activity: Planting Definitions

- **Thinning** – Removing plants that are growing too close together. Doing this will give the plants more room to grow.
- **Bolting** – When plants grow too quickly. If the ground temperature goes above a certain temperature, the plants may quickly start producing flowers and seeds and abandon edible leaf growth.
- **Sowing** – Planting seeds directly into the garden.
- **Weeding** – Removing unwanted plants.
- **Microgreens** – Vegetable greens that are harvested when they are very young. They are usually about 1 inch long and are very nutritious.
- **Germinate** – When a plant begins to grow from a seed.
- **Amending soil** – Adding materials to the soil to improve it.
- **Pruning** – Removing unwanted parts of the plant.
- **Tilling** – Digging or stirring the ground to prepare it for a new garden.
- **Sprout** – A new, small growth on a plant.





**ACTIVITY:**  
Create a planting  
growth chart

Before creating your Plant Chart review the 'Gardening Tasks' and 'Growing Guide' (week 1).

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Learn how to track the growth of your plant. Creating a growth chart will help you to track the growth of your plant. It will also help you to remember to take care of it and carry out tasks such as thinning, watering, weeding, and harvesting.

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Print of the chart on the next few pages and draw what you see as your plant grows!